

Community Resources

Crises, Counseling & Grief Support

Suicide Prevention Lifeline

Call (800)273-8225

Online Chat: <https://suicidepreventionlifeline.org/chat/>

Crisis Text Line

Text "home" to 741741

Our House Grief Support Center

<https://www.ourhouse-grief.org/>

LA County Department of Mental Health

24 hour Access Hotline (800) 854-7771

Airport Marina Counseling Service <https://www.amcshelps.com/>

7891 La Tijera Blvd.

Los Angeles, CA 90045

(310) 670-1410

The Saturday Center <https://saturdaycenter.org/>

3201 Wilshire Blvd. #201

Santa Monica, CA 90403

(310) 829-7997

The Maple Counseling Center www.tmcc.org

9107 Wilshire Blvd., Lower Level

Beverly Hills, CA 90210

(310) 271-9999